Modeling the Antimicrobial Effect of Lactate on the Growth and Survival of *Listeria monocytogenes* on Ready-to-Eat Seafood

By Khaled A. Abou-Zeid

Principle investigator: Dr. Kisun Yoon

Center for Food Science And Technology, University of Maryland Eastern Shore Collaborator: Dr. Richard C. Whiting Center for Food Safety and Applied Nutrition, FDA

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Listeria monocytogenes

- The genus *Listeria* includes 6 different species (*L.* monocytogenes, *L. ivanovii*, *L.* innocua, *L.* welshimeri, *L.* seegligeri, and *L. grayi*).
- Both L. ivanovii and L. monocytogenes are pathogenic for mice, but only L. monocytogenes is consistently associated with human illness

Listeria monocytogenes

- Causes septicemia, abortion and encephalitis in humans and more than 40 animal species, but is also common in environment
- Ubiquitous in the environment, can survive for prolonged periods in the environment (apparently outside a host)
- Human listeriosis can occur as epidemic and sporadic cases
- Affects predominantly elderly and immunocompromised people, pregnant women and newborns.

Listeria monocytogenes

• Approx. 2500 human cases/year in the U.S., resulting in about 500 deaths/year

 L. monocytogenes is one of the major microbial contaminants of ready to eat food, such as smoked salmon

Factors Controlling *Listeria* in smoked fish

- Smoking
- **pH**
- Water activity
- Competitive microorganism
- Preservatives: antimicrobial compounds

Antimicrobial compound used: Purasal P Opti.Form 4, (PURAC America Inc.)

 Potassium lactate (PL)/ sodium diacetate (SD) ratio of 14:1 (56% PL and 4% SDA)

• Its antimicrobial effect on growth and survival of *L. monocytogenes* as a function of temperature has not been modeled in either microbiological food products or broth.

Main objectives

- To determine the antimicrobial effect of Purasal P Opti.Form 4 on L. monocytogenes in ready to eat smoked fish
- To develop a model for the growth and survival of *L. monocytogenes* as a function of Purasal P Opti.Form 4 concentrations

Sample preparation 5g smoked salmon slice Cut into two pieces **Applied Opti.Form 4 Inoculated** with *Listeria* (10²) **Pieces were folded** Vacuum packed Stored

Effect of Opti.Form 4 on the growth of *L. monocytogenes* at 4 °C



Effect of Opti.Form 4 on the growth of *L. monocytogenes* at 10 °C



Introducing the concept of predictive modeling

- In an effort to reduce the likelihood of contaminated food products, the concept of predictive modeling of bacterial growth becomes a prominent research topic among food microbiologists
- Predictive models allow estimating shelf-life, microbiological safety of foods
- Can provide an insight on how certain environmental variables affect the growth/survival profile of pathogenic or spoilage organisms

What is Predictive Modeling?

 Predictive modeling, involves mathematical equations which have been used extensively to describe microbial behavior under various environmental factors.

Levels of predictive models

1- Primary level models which describe changes of microbial numbers with time.

2- Secondary level models summarize the effect of environmental conditions on parameters in the primary growth and survival models

3- Tertiary level models that combine the two first levels



- To study the antimicrobial effects of different concentrations of **Purasal P Opti.Form 4** on growth and survival of *L. monocytogenes* in broth as a function of pH and temperature.
- To develop primary models that describe growth and survival of *L. monocytogenes*

Objectives (cont.)

To develop secondary models for effects of temperature (4-37°C), pH and Purasal P Opti.Form 4 (0.0-4.5%) on specific growth rate of *L. monocytogenes* in broth.

Enumeration

 At selected times 50 µl of cultures was spiral plated on Tryptose agar plates and incubated at 37°C for 24 hours. Bacterial colonies were counted with automated colony counter (Q count, Spiral Biotech Inc. Norwood, MA).

 All samples were duplicated and the means were plotted at each sampling time to generate the growth curves Growth *Curve fitting* was generated for each experiment using two different functions as follow:

Baranyi model

Buchanan three-linear phase

Baranyi model $y(t) = y_{o} + \mu_{max}A(t) - \frac{1}{m} \ln \left(1 + \frac{e^{m\mu_{max}A(t)} - 1}{e^{m(y_{max} - y_{0})}}\right)$ $A(t) = t + \frac{1}{v} \ln \left(\frac{e^{-vt} + q_{o}}{1 + q_{o}}\right)$

where $y(t) = \ln x(t)$ with x(t) the cell concentration (CFU/ml)

 $y_o = \ln x_o$, $y_{max} = \ln(x_{max})$, x_o being the initial and x_{max} the asymptotic cell concentration, respectively μ_{max} is the maximum specific growth rate (1/h) m is a curvature parameter to characterize the transition from exponential phase and v is the rate of increase of the limiting substrate q, generally assumed to be equal to μ_{max}

Buchanan three-linear phase

- Buchanan et al. (1997) described bacterial growth in a very simple three-linear phase model. Lag phase:
- For $N_t = N_o$
- Exponential growth phase:
- For $N_t = N_o + \mu(t-t_{LAG})$
- Stationary phase:
- For $N_t = N_{MAX}$
- Where N, is the log of the population density at time t; N, the log of the initial population density; N_{MAX} the log of the maximum population density; t the elapsed time; t_{LAG} the time when the lag phase ends; t_{MAX} the time when the maximum population density is reached; and μ is the specific growth rate (log cfu ml⁻¹ h⁻¹).

Curve fitting

 The growth curves were iteratively fitted to the corresponding function using a GraphPad PRISM[®] for Buchanan model

 DMFit version 2.0, an Excel add-in for fitting sigmoid curves, for Baranyi model



Conclusion

- At pH 5.5 and all temperatures a listeriostatic effect of Purasal P Opti.Form 4 has been observed at all tested levels
- At pH 6.0, addition of 1.8 % reduced the growth rate of *L. monocytogenes*, while 3% and 4.5% completely inhibited the growth over the six temperatures studied
- At pH 6.5 and 7.0 the efficacy Purasal P Opti.Form 4 has been reduced

Future Research

- To develop secondary response surface models for effects of temperature, pH and different concentrations of Purasal P Opti.Form 4 on lag time and specific growth rate of *L. monocytogenes* in broth
- To develop and validate tertiary model for potential growth or survival of *L. monocytogenes* as a function of temperature, pH, and different concentrations of Purasal P Opti.Form 4
- These models can be integrated to the pathogen model program (PMP)

Thank You